



sunrise smoothie

prep time:
10

featured product:
baby spinach

start your morning off right with this beautiful and simple sunrise smoothie. this ombre drink is a showstopper while still being very approachable. the trick is adding one ingredient at a time. so easy, anyone can make this recipe, even before their cup of coffee kicks in. this smoothie is a refreshing way to get all of your antioxidants and look good doing it.



ingredients

- 1.5 cup frozen mango
- ¾ cup frozen strawberry
- ½ cup frozen cherries
- ¼ cup **organicgirl® baby spinach** leaves
- 2.25+ cups water divided

directions

1. add mango and 1¼ cups of water to high speed blender (ie nutribullet). blend until smooth. fill each cup 1/3 of the way
2. add strawberries and ½ cup of water to blender. blend until smooth. *make sure the consistency does not appear thicker than layer 1. if strawberry layer appears thicker, add a few tablespoons of water at a time to match thickness of mango layer. spoon strawberry mix on top of mango layer. fill until glass is 2/3 full
3. add spinach, cherries and 1/4 cup of water. blend until combined. if mixture seems thick, slowly add more water, tablespoon at a time. spoon spinach mixture over the strawberry layer until the glass is full to create a sunrise effect.
4. sip and enjoy