cherry protein smoothie



featured product:
PROTEIN GREENS

we can't imagine anything that almond butter can't make better.

it brings top notch flavor and creaminess to this blueberry and cherry blend. and don't forget how well it teams up with our protein greens to make this an all-star super smoothie.

ingredients

1 ½ cups frozen blueberries
1 banana
¾ cup frozen cherries
1 tablespoon ground flaxseed
1 tablespoon almond butter
2 handfuls **organicgirl protein greens**
¼ cup coconut yogurt

directions

1. in a blender, combine the frozen blueberries, banana, frozen cherries, ground flaxseed, almond butter, organicgirl protein greens, and coconut yogurt.

2. blend on high speed until smooth and creamy, adding a splash of water or coconut water if needed to reach your desired consistency.

3. taste the smoothie and adjust sweetness or thickness by adding more banana or coconut yogurt if desired. once the smoothie is blended to your liking, pour it into a glass and serve immediately.

optional: sprinkle a little ground flaxseed or a few whole blueberries on top for garnish.